Jefferson County, MO Substance Use Disorder Resources

For Individuals In Active Addiction

Updated October 2026

24 Hour Emergency Numbers

911 Emergency - Call 911
988 Suicide & Crisis Lifeline - Call or text 24/7
Domestic Violence Hotline: 1-800-799-7233
EPICC Helpline: 314-819-4275
Festus Behavioral Health Crisis Center: 833-356-2427 (option 6)
Substance Abuse & Addiction Hotline: 844-289-0879
Veteran's Helpline: 1-800-273-8255 Press 1

Treatment in the Area

Adult & Teen Challenge: (Men) 636-677-1776; (Women) 636-484-4219 (High Ridge)
Chestnut Health Systems: 636-638-2618 (Hillsboro)
Compass: 844-853-8937 (multiple locations)
Mercy StepOne Service: 636-224-8494 (Festus)
Sana Lake Recovery: 314-897-4409 (Dittmer)

Underinsured

ARCA: 314-645-6840 (St. Louis)
Centerstone: 573-756-5749 or 800-455-5749 (multiple locations)
Centerstone / New Era Ctr: 573-785-5333 (Poplar Bluff)
Centerstone / Phoenix Clinic: 573-875-8880 (Columbia)
Crossroads Ministry (Men): 573-712-0779 (Poplar Bluff)
FCC Behavioral Health- Serenity Pointe: 573-651-4177 (Cape Girardeau)
Gibson Recovery Ctr (Men): 573-334-5513 (Cape Girardeau)
Mark Twain Behavioral Health: 573-248-1196 (Hannibal)
Mercy StepOne Service: 636-224-8494 (Festus)
Preferred Family Healthcare: 636-224-1000 (St. Louis & Union)
Queen of Peace (Women): 314-531-0511 (St. Louis)
Salvation Army (Men 21+): 314-652-3310 (multiple locations)
The Wish Ctr (Pregnant Women): 314-768-8230 (St. Louis)

Private Insurance, Private Pay

American Addiction Ctrs: 636-248-0243 (multiple locations)
Aviary Recovery Ctr: 888-980-8830 (multiple locations)
Harris House: 314-736-3362 (St. Louis)
Sana Lake Recovery Ctr: 314-897-4409 (Dittmer)
Valley Hope: 800-544-5101 (Boonville)

Recovery Meeting Links

Al-Anon: www.stl-al-anon.org
Alcoholics Anonymous: aastl.org
Celebrate Recovery: celebraterecovery.com
Crystal Meth Anonymous: crystalmeth.org
Heroin Anonymous: heroinanonymous.org
Narcotics Anonymous: namemo.org
Refuge Recovery: refugerecovery.org
SMART Recovery: smartrecovery.org
The Point of Refuge: thepointofrefuge.com

Recovery Housing

Cedar Oak (Men): 314-227-9227 (High Ridge)
The Embassy Ctr: 660-851-0112 (Sedalia)
Fresh Start Sober Living: 573-489-4640 (Columbia)
Hanani House: 636-634-0823 (St. Charles)
In2Action: 573-424-4388 (Columbia)
Keyway Ctr for Diversion & Reentry (Women): 314-771-5207 (St. Louis)
The Life Co LLC: 314-688-0830 (Festus)
LIV Recovery Sober Living: 573-514-2128 (St. Charles)
Matthew 25 House: 870-595-4901 (Holcomb)
Mission Gate Christian Ctr (for individuals impacted by the justice system): 636-391-8832 (Cuba)
Mission Missouri: 573-481-0505 (Sikeston)
New Day Recovery Ctr: 573-333-4395 (Caruthersville)
New Life Mission Inn: 573-513-2918 (Perryville)
Powerhouse Community Dev Corp: 660-886-8860 (Marshall)
Recovery House: 314-884-0747 (St. Louis)
Recovery Lighthouse: 660-429-2222 (Warrensburg)
Recovery Soldiers Network: 417-518-0043 (Houston)
Recycling Grace Women's Ctr: 573-686-3333 (Poplar Bluff)
Stepping Into The Light Ministry (Men): 314-231-5175 (St. Louis)

Other Resources

The Collective (Recovery Community Ctr): 314-912-9043 (Imperial)
Cornerstone Mission (unhoused resource connection): 636-633-8517
EPICC (PEER Support): 314-399-9794 (ages 14-18) or 314-348-0958 (for ages 18+)
EZMO (Transportation): 877-743-3966
MoNetwork (Recovery Community Center & risk reduction): 844-732-3587 (St. Louis)
Prevent+Ed (education, intervention & advocacy): 314-962-3456 (Olivette)

Jefferson County, MO Substance Use Disorder Resources

For Family Members of Someone who has a Substance Use Disorder

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Family Support

Al-Anon Support Group: 1-888-425-2666 or www.alanon.org
- Help for family and friends of alcoholics.

Aviary Family Wellness Program: https://aviaryrecoverycenter.com/family-wellness-program/
- Free and open to the public. Wednesdays in Kirkwood from 6-7:30pm. Led by a professional-social support and education.

GriefShare Support Group: www.griefshare.org
- A 13-week support group to help those who have lost someone close to them.

Crisis Nursery St Louis: 314-768-3201 (24-Hour Helpline for families facing a crisis situation)
- Trauma-informed crisis intervention, emergency care for children, basic needs, rental/utility assistance, case management, and Family Empowerment Program (home visiting program for families with kid's birth-12).

H.O.P.E. Support Group: 314-550-4382; info@hopegroupstl.org (3579 Jeffco Blvd., Arnold, MO 63010)
- For family and friends of those suffering from opiate addiction.

Illinois Recovery Center: 888-472-5004; https://illinoisrecoverycenter.com/therapy/family/
- A personalized treatment plan using evidence-based approaches depending on your needs and goals to ensure effective recovery, rebuild relationships, improve family functioning, and avoid relapse.

Learn to Live Recovery: 573-409-0123; https://learntoliverecovery.com/family-programming/
- Virtual family support and education to those affected by loved ones struggling with treatment, recovery or are actively using.

Nar-Anon Support Group: www.nar-anon.org
- A 12-Step Program for family and friends of addicts.

New Dawn Family Healing: 314-287-8937; https://www.newdawnfamilyhealing.com/
- An outpatient therapy program designed to assist and support family members and loved ones of those suffering from substance use disorders.

Refuge Recovery: 636-210-0334 (Every Thursday at 7pm; 4024 Lower Byrnes Mill Rd., Byrnes Mill, MO)
- A support group focused on strengthening the skills and character traits require to effectively create & maintain healthy interactions with individuals struggling w/ substance use.

Hepatitis/HIV/STD Testing

Jefferson County Health Department: www.jeffcohealth.org or 636-797-3737 (Arnold & Hillsboro)
My Life Medical Resource Center: www.mylifemrc.com or 636-495-6566 (High Ridge)

Utility Assistance, Housing Assistance & Basic Needs

Chestnut's Community Health Navigator: 636-484-3420 (Tara Lang)
Cornerstone Mission: 636-633-8517
Jefferson Franklin Community Action Corporation (JFCAC): 636-789-2686 x 2
National Energy Assistance Referral (NEAR): 1-866-674-6327
Salvation Army: 636-464-0787
St. Vincent DePaul: 314-881-6000
The United Way: 800-427-4626 or 211

Additional Resources

Scan QR Code for Jeffco Resource Guide

Scan QR Code for Locations that you can get Naloxone (AKA: Narcan) in Missouri