

# Child Care Provider and Parent/Family Educator Programs

- **Supporting Breast Feeding Families** (Donna Cummings)  
**Holiday Stress Management**
  - Day/Date Wednesday November 18, 2009
  - Time 6:30-8:30pm
  - Place Jefferson County Health Department-Hillsboro  
405 Main Street Hillsboro, MO 63050
  - Contact Person: Donna- 636-789-3372 ext. 127
- **Meth Basics** (Jean Freeman)
  - Day/Date Wednesday December 9, 2009
  - Time 6:30-8:30pm
  - Place Jefferson County Health Department-Arnold  
405 Main Street Hillsboro, MO 63050
  - Contact Person: Donna- 636-789-3372 ext. 127
- **Nutrition 101** (Carrie Weatherholt)
  - Day/Date Tuesday January 12, 2010
  - Time 6:30-8:30pm
  - Place Jefferson County Health Department-Hillsboro  
405 Main Street Hillsboro, MO 63050
  - Contact Person: Donna- 636-789-3372 ext. 127
- **Dental-Baby Teeth Are Important** (Cheryl & Sonya)
  - Day/Date Wednesday February 17, 2010
  - Time 6:30-8:30pm
  - Place Jefferson County Health Department-Arnold  
405 Main Street Hillsboro, MO 63050
  - Contact Person: Donna- 636-789-3372 ext. 127
- **Emergency Preparedness** (Judy & Dick Tufts)
  - Day/Date Tuesday March 16, 2010
  - Time 6:30-8:30pm
  - Place Jefferson County Health Department-Hillsboro  
405 Main Street Hillsboro, MO 63050
  - Contact Person: Donna- 636-789-3372 ext. 127
- **Childhood Illness** (Kelly Fluharty)
  - Day/Date Tuesday April 13, 2010
  - Time 6:30-8:30pm
  - Place Jefferson County Health Department-Arnold  
405 Main Street Hillsboro, MO 63050
  - Contact Person: Donna- 636-789-3372 ext. 127

- **Asthma** (Sharon Fischer)
 

Day/Date	Tuesday May 11, 2010
Time	6:30-8:30pm
Place	Jefferson County Health Department-Hillsboro 405 Main Street Hillsboro, MO 63050
Contact Person:	Donna- 636-789-3372 ext. 127
  
- **Socializing Healthy Habits** (Donna Cummings)
 

Day/Date	Tuesday June 15, 2010
Time	6:30-8:30pm
Place	Jefferson County Health Department-Arnold 405 Main Street Hillsboro, MO 63050
Contact Person:	Donna- 636-789-3372 ext. 127
  
- **Positive Discipline** (Donna Cummings)
 

Day/Date	Wednesday July 14, 2010
Time	6:30-8:30pm
Place	Jefferson County Health Department-Hillsboro 405 Main Street Hillsboro, MO 63050
Contact Person:	Donna- 636-789-3372 ext. 127
  
- **Head Lice** (Sharon Fischer)
 

Day/Date	Tuesday August 10, 2010
Time	6:30-8:30pm
Place	Jefferson County Health Department-Arnold 405 Main Street Hillsboro, MO 63050
Contact Person:	Donna- 636-789-3372 ext. 127